



ROMANIA

ITALY

RUN OF AN ATHLETE:
“FROM FIRST TRAINING
TO THE OLYMPIC
GAMES”

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TALENT SEARCH

TO EDUCATE
YOUNG ATHLETES
IN OLYMPIC
ACTIVITY

OLYMPIC
TEAM

ROWING CLUB

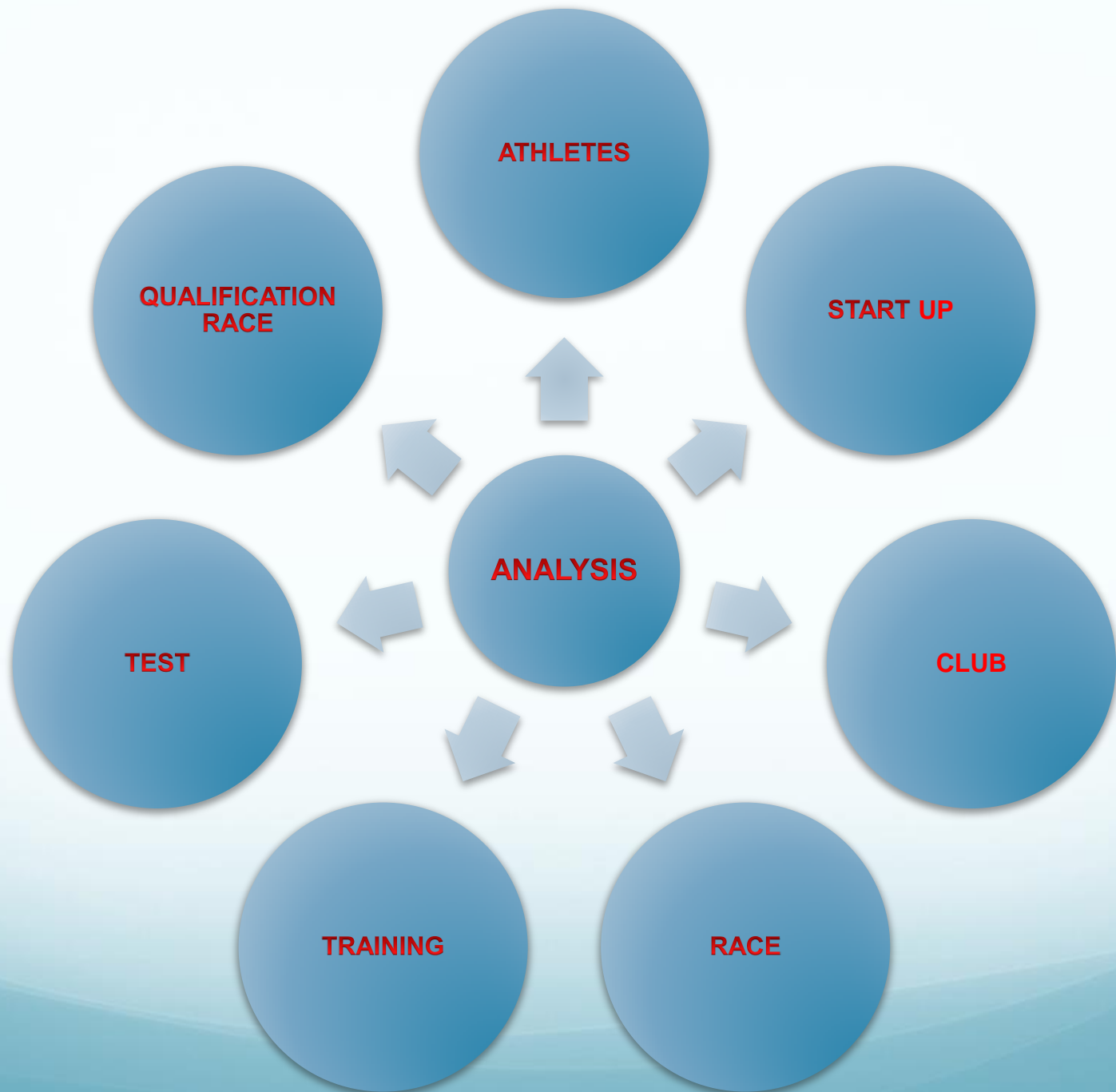




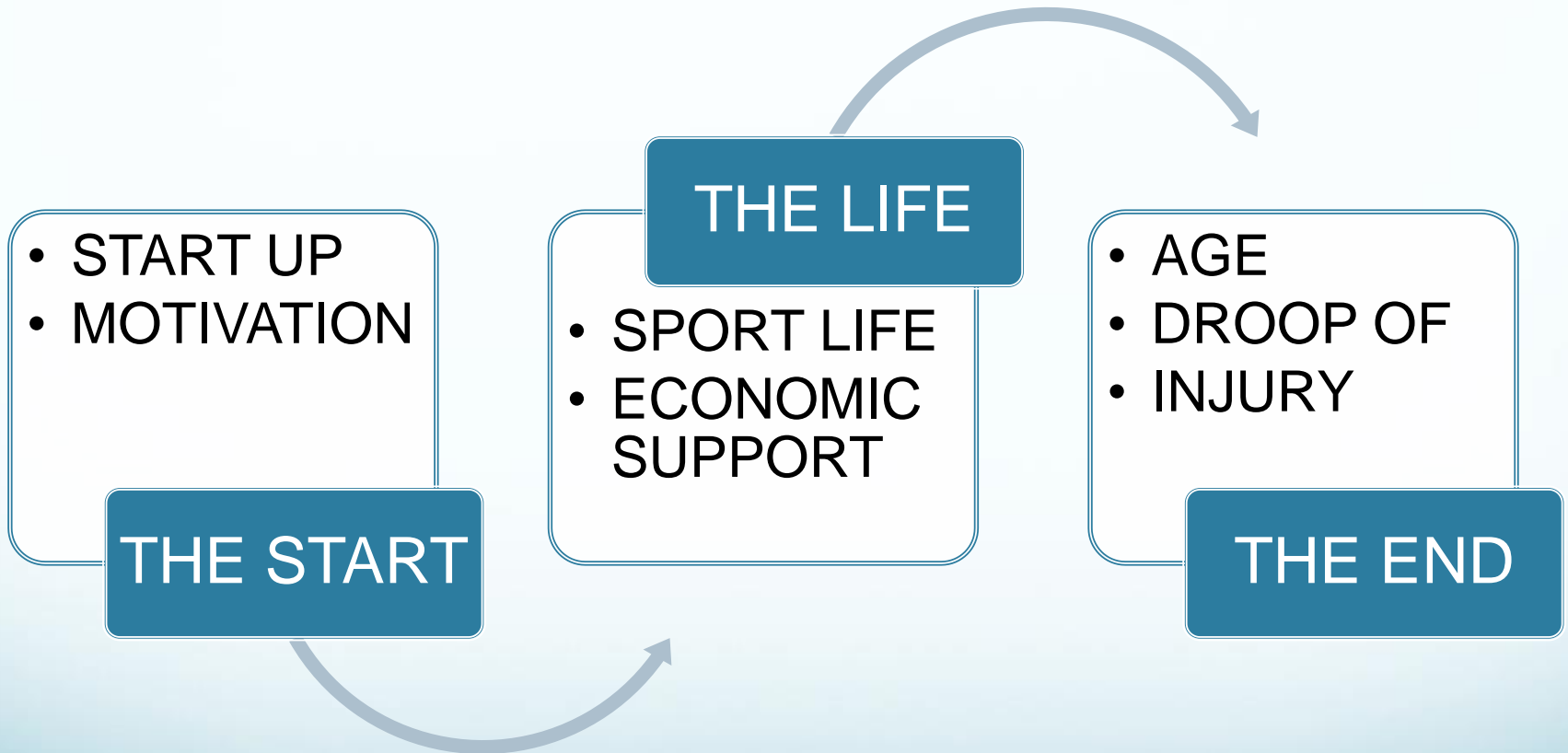
The diagram features two large, blue, stylized arrows pointing in opposite directions. The left arrow points left and contains the text 'ITALIAN SYSTEM'. The right arrow points right and contains the text 'ROMANIAN SYSTEM'. The arrows are positioned in the center of the frame, overlapping a background of vertical color bands: dark blue on the far left, yellow in the middle, and red on the far right. A green band is visible at the bottom left, and a pink band is at the bottom right.

ITALIAN
SYSTEM

ROMANIAN
SYSTEM



ATHLETES

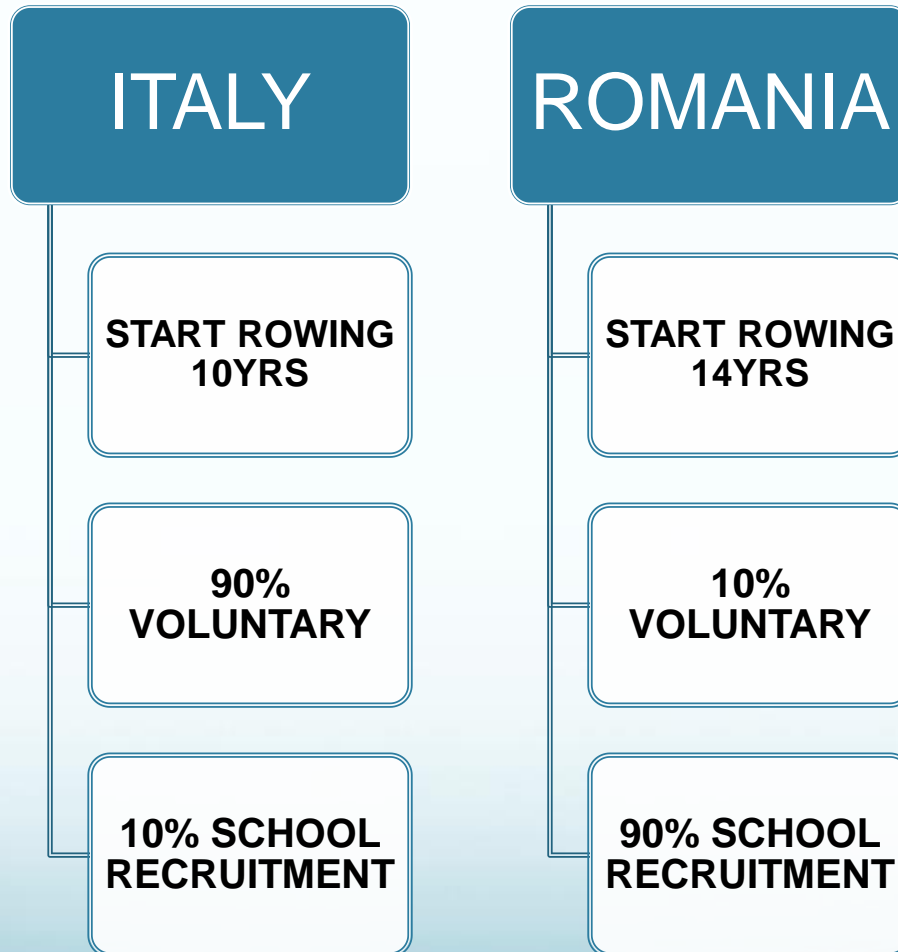


OLYMPIC ATHLETES

ROWING ACTIVITY AVERAGE



START-UP



**How IS
THE ROWING
INTEGRATED
IN THE SOCIAL LIFE
OF EACH COUNTRY?**

CLUBS

ITALY

231

ROMANIA

33

**ITALIANS
AND ROMANIANS
DO
THE SAME RACES?**

RACE

ITALY

8 YOUTH
CATEGORIES

6 – 20 RACES
PER YEAR

ROMANIA

4 YOUTH
CATEGORIES

2 – 6 RACES
PER YEAR

**ITALIAN
YOUTH
CATEGORIES**

10YRS ALLIEVO A

11YRS ALLIEBO B1

12YRS ALLIEVO B2

13YRS ALLIEVO C

14YRS CADETTO

15-16YRS RAGAZZI

17-18YRS JUNIORES

UNDER 23

**ROMANIAN
YOUTH
CATEGORIES**

14YRS

JUNIOR C

15-16YRS JUNIOR B

17-18YRS JUNIOR A

UNDER 23

TRAINING

ITALY

**PERMANENT TRAINING CAMP
ONLY FOR TALENTS
MAX 8 ATHLETES**

**99% IN THE
CLUBS**

ROMANIA

**PERMANET TRAINING CAMP
FOR YOUTH NATIONAL
TEAMS**

**0 IN THE
CLUBS**

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graph TD; MONITORING[MONITORING] --- RACES[RACES]; MONITORING --- TESTS[TESTS]
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MONITORING

RACES

TESTS

TEST

ITALY

Every club is connected to the Federation's operating system

**Data are automatically collected
organized in personal database for each athlete**

Tests changes by period and categories

ROMANIA

No Federation's operating system

**Data are collect monthly in training camp
database is for the team - NOT personal.**

3 National Indoor Rowing Race

Same test for all categories

ITALY

Regional Race

National Race

**Festival dei
Giovani**

**Italian
Championships**

**Qualification Race
WC U23 and J**

**World
Championships**

**European
Championships**

ROMANIA

**National Race only
J1x**

**Romanian
Championships**

**Balkanian
Championships**

World Championships

**European
Championships**

**RACE
S**

ITALY

**NATIONAL
RACES**

SATURDAY

1X

2-

SUNDAY

2X

4-

ROMANIA

NATIONAL
RACE

J 1x

ITALY

QUALIFICATION
RACE

J WC
U23 WC

J. TEAM
COUPE DE LA
JEUNESSE

1X

2-

ALL CREWS

ROMANIA

NO QUALIFICATION RACES

ITALY AND ROMANIA

**HAVE THE SAME TARGETS IN
YOUTH INTERNATIONAL RACES?**

WORLD CHAMPIONSHIPS AND EUROPEAN CHAMPIONSHIPS

ITALY

**PARTECIPATION WITH THE
WHOLE TEAM
EVEN IN NON-OLYMPIC EVENTS**

**GAIN EXPERIENCE AT
INTERNATIONAL LEVEL**

**WC TRAINING CAMP
21 DAYS**

ROMANIA

**PARTECIPATION ONLY WITH
PROBABLE MEDALS CREWS
AND NEVER IN NON-OLYMPIC
EVENTS**

WIN MEDALS

**PERMANENT
TRAINING CAMP**

TALENT IS NOT WHO WINS TODAY...

**TALENT IS WHO
WILL WIN
TOMORROW!**